



Mental Health
Commission
of Canada

Commission de
la santé mentale
du Canada

Mental Health
First Aid Canada



CERTIFICATE OF PARTICIPATION



This is to certify that

Megan O'Brien

has completed

Mental Health First Aid

Supporting Youth Virtual (10-hour)

Participants learn skills for providing initial help to young people experiencing a decline in their mental well-being or a mental health or substance use crisis.

Micheal Pietrus
Director, Mental Health First Aid

June 03, 2023

Certificate Number: 364278